

BREAKFAST

(BREAKFAST AVAILABLE ALL DAY)

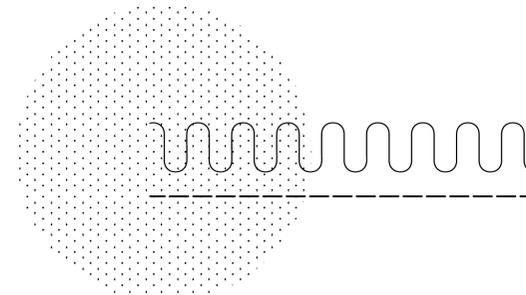
House-made crumpets with preserves	8
Spelt and rye crumpets with two varieties of house-made preserves and butter (V)	
Granola bowl	12
Macadamia buckwheat granola, natural yoghurt, kiwi, strawberry, green apple with rhubarb compote (GF, V)	
+ <u>Substitute</u> our house-made coconut yoghurt (Vgn)	+2.5
Brioche French toast	16
House made Spelt brioche, ruby chocolate, cardamom-spiced whipped mascarpone cream, toasted crumble, salted honeycomb, mixed berries, watermelon, kiwi, brown sugar syrup (V)	
Mushrooms and grits	16
Roasted mixed mushroom ragu, parmesan grits, smoked jalapeno chimichurri, walnut gremolata, house made corn chip. (GF, V; Available Vgn)	
+ <u>Add</u> poached free-range egg	+2.5
+ <u>Add</u> haloumi	+3
Breakfast greens	16
Poached egg, spinach, Asian greens, snow peas, lentil sprouts, pickled carrot, toasted seeds, orange tarragon vinaigrette, fermented chili hot sauce (GF, V; available Vgn)	
+ <u>Add</u> avocado	+3
+ <u>Add</u> extra egg	+2.5
Eggs on toast	13
Poached free-range eggs on sourdough with Pickled Eggplant relish	
+ <u>Substitute</u> our house-made gluten free seed bread (GF)	+2
+ <u>Add</u> Venison Chorizo/ caraway lemon sauerkraut/semi dried tomatoes	+3 each
+ <u>Add</u> free-range ham / hash browns / haloumi / avocado / mushroom ragu	+3 each
+ <u>Add</u> free-range house cut bacon	+4
Salmon poke bowl	18
Beetroot cured salmon, wild rice, edamame beans, lotus root, cucumber ribbons, sesame seeds, pickled onion, ponzu dressing	
+ <u>Add</u> house-made gluten free seed bread (GF)	+2
+ <u>Add</u> avocado	+3
Smashed avocado	13
Avocado on sourdough, pickled red onions, mizuna, micro herbs, and toasted tamari seeds with macadamia feta (Vgn)	
+ <u>Substitute</u> our house-made gluten free seed bread (GF)	+2
+ <u>Add</u> grilled haloumi	+3
+ <u>Add</u> poached free-range egg	+2.5
+ <u>Add</u> beetroot cured salmon	+5

LUNCH

Avocado salad bowl	16
Mixed greens, avocado, pickled watermelon, quinoa, sprouted rice, charred corn salsa, semi dried tomatoes, cucumber ribbons, jalapeno, lime, chipotle yoghurt (GF, V, Available Vgn)	
+ <u>Add</u> house-made seed bread (GF)	+2
+ <u>Add</u> poached egg	+2.5
Cheese 'n' Pickle Toastie (All day)	13
Mustard Zucchini pickles, smoked mozzarella parmesan-crusting focaccia, salad (V)	
+ <u>Add</u> honeyed pickled jalapeno	+1
+ <u>Add</u> free-range leg ham	+3
Pickle in the Middle sandwich	14
(Available from 11am)	
Italian pickled eggplant, green olive and cashew tapenade, roast pumpkin, beetroot, lettuce (Vgn)	
+ <u>Add</u> avocado	+3
+ <u>Add</u> free range leg ham	+3
Satay bowl	16
Soy-marinated tofu with spicy satay sauce, charred broccoli, pickled chili, spring onion, toasted coconut, wild and brown rain-fed rice (GF, Vgn)	
+ <u>Add</u> soft-boiled free-range egg	+2

(SOMETHING EXTRA: BAKED GOODS)

Banana tahini loaf fresh or toasted	4.5
Salted Caramel Brownie (GF, Available Vgn)	4
Monte Carlo biscuit with seasonal jam	4.5
Whole wheat chocolate chip cookie	2.5



LUNCH

PICKLE
in
THE
MIDDLE